



Milan Family YMCA
Nancy Hanks, CEO
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Milan, Tennessee 38358
731-686-9000
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We build strong kids, strong families, strong communities.

1st Annual Spring Into Summer Half Marathon

Mail form and payment to above address

Last Name _____ First Name _____ MI _____

Address _____ City _____ Zip _____

Phone no. _____ Cell Phone _____ E-mail _____

Age _____ Date of Birth _____ Sex: M F

Circle One: Milan YMCA Member or Non-Member

T-shirt Size: Adult: S M L XL XXL

Release and Waiver

I am voluntarily participating in the Spring Into Summer 5K & Half Marathon on Saturday, May 15, 2010. I am in good physical condition and am able to safely participate in this event. I understand that there are potential hazards with any physical activity and I voluntarily assume all risks and liabilities for any injury or damage to me that might arise from or associated with participating in this event including, but not limited to, venue conditions and accidents, falls, physical injuries, etc. I am responsible for myself and my actions.

I hereby release and forever discharge on my behalf and on behalf of my heirs, successors, assigns or estate, the Milan Family YMCA and its employees, agents, affiliates and volunteers from all claims of injuries or suits of any kind arising from participation in this event, and agree to indemnify this organization for any claim or liability arising from my participation in the event.

I do hereby grant or deny permission to the Milan YMCA the use of my image as marked by my selection below. Such use includes the display, distribution, publication, transmission, or other use of photographs, images and/or video taken of myself for use in materials that include, but may not be limited to, printed materials such as brochures and newsletters, videos, and digital images such as those on the Milan YMCA web site.

- Deny permission to use my image at all.
- Grant permission to use my image.

Signature _____ Date _____

For Participants Under Age 18

I am the parent or guardian of _____ and hereby certify that he/she has my permission to participate in the scheduled event. I have read this Release and Waiver and accept its terms intentionally and voluntarily, agreeing to its terms and conditions.

I, the undersigned, do hereby grant or deny permission to the Milan YMCA the use of my image of my child, _____, as marked by my selection below. Such use includes the display, distribution, publication, transmission, or other use of photographs, images and/or video taken of myself for use in materials that include, but may not be limited to, printed materials such as brochures and newsletters, videos, and digital images such as those on the Milan YMCA web site.

- Deny permission to use my child's image at all.
- Grant permission to use my child's image.

Parent Signature _____ Date _____

Staff Use Only

Staff Initials _____ Amount Paid _____ Check no. _____ Cash _____ Date _____

In computer? Yes No